

## Soft Skills & Employability

**ECTS** : 1

### **Description du contenu de l'enseignement :**

Soft Skills and Employability aims at supporting student's reflections about their studies and professional projects in connection with their personal life while growing as individuals, learning how to interact with others and collaborate. Its main general objective during the 3 years of the bachelor's degree is to help each student start the process of finding his/her place in the working society and envisioning him/herself working happily and contributing to the world.

During the second year, Soft Skills and Employability helps students to establish personal goals, to learn to work collaboratively, to present and explain their specificities, to develop and present a pitch, to decide what and where they want to study for their third year, and to describe how they want to contribute to the society.

### **Compétence à acquérir :**

This is done through the development of the following three transversal competences:

- Adapting to new situations by becoming aware, experimenting with new tools or practices and using the group.
- Building one's pathway by formalising one's skills, identifying one's achievements and the areas that remain to be developed, and expressing one's values.
- Interacting and collaborating in a university context by seeing the workshop group as the beginnings of a working group, developing attentive listening to others, and by sharing tasks and roles within a group.