Soft Skills

ECTS : 0

Volume horaire : 6

Description du contenu de l'enseignement :

Soft Skills and Employability aims at supporting student's reflections about their studies and professional projects in connection with their personal life while growing as individuals, learning how to interact with others and collaborate. Its main general objective during the 3 years of the bachelor's degree is to help each student start the process of finding his/her place in the working society and envisioning him/herself working happily and contributing to the world.

Building on the foundational skills developed in the first year, this second-year Soft Skills and Employability module encourages students to deepen their self-awareness and refine their professional presentation. Emphasis is placed on identifying and articulating personal qualities and strengths, crafting a compelling professional pitch, and exploring opportunities to engage with the wider professional community.

Optional activities such as mentoring schemes, alumni meetings, and introductions to graduate programs provide students with valuable insights into real career paths and professional networks.

Through a combination of reflective practice, peer interaction, and engagement with professionals, students will further develop the confidence and clarity needed to shape their employability journey.

Compétence à acquérir :

This is done through the development of the following three transversal competences:

- Adapting to new situations by becoming aware, experimenting with new tools or practices and using the group.
- Building one's pathway by formalising one's skills, identifying one's achievements and the areas that remain to be developed, and expressing one's values.
- Interacting and collaborating in a university context by seeing the workshop group as the beginnings of a working group, developing attentive listening to others, and by sharing tasks and roles within a group.